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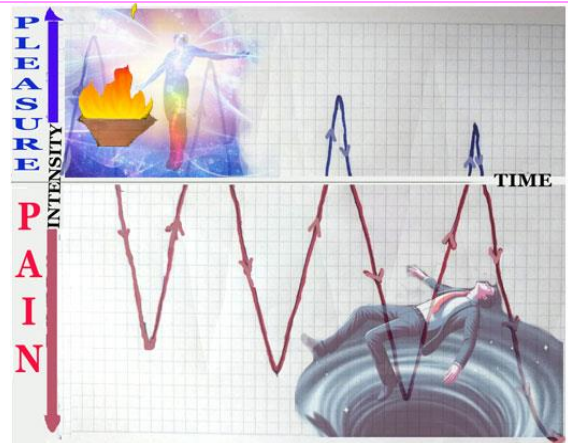
CUTTING CHAINS

The Illusion of Paradise is created in the mind that believes that happiness is based on satisfying desires. At the same time, seeking or wanting these experiences of satisfaction or joy constantly condemns us to bondage. The most obvious example of this for most people is the life of a drug addict. He feels a compelling, compulsive, and constant need to consume a substance that is gradually killing him.

Some would say that the use of the drug is the primary cause of this situation that produces a short time of joy, followed by a long pain, which can be agonizing.

But if we analyze the situation more deeply, we realize that the primary cause is in believing that happiness is only experienced in briefly satisfying DESIRES, without realizing that this only leads us to an increasingly prolonged vicious circle that we could graph in the following way:

- 1) The intensity of maximum pleasure is decreasing, while the intensity of maximum pain is increasing.**
- 2) The duration time of the pleasure is decreasing, while the duration time of the pain is increasing until it becomes one longer pain followed by another longer pain. This could later be described as falling into a hole without being able to get out.**



And as time passes, the intensity and duration of the pain increases.

Thus, what seemed at first as a simple, recreational and innocent act, later becomes an evil punishment.

If we do a little more Swadhyaya, we realize that almost everyone is trapped by irregular cycles of desires. If these are unchecked, eventually some people can end up at the bottom of a pit.

It could also be described as climbing a mountain and then falling into a precipice and then getting up, climbing another small mountain and then falling deeper and so on until we can no longer stand up.

Although in reality by “GRACE”, there is always the possibility of being able to stand up.

For many, life seems to be based on the pursuit of desires at every instant. For them life without desires is not life. But these out-of-control desires can become chains that enslave and torture us.

What to do?

- 1) Improve Discernment to Realize that Real Needs and Desires are different. There are Essential Needs for life, such as air, water, food, habitat, etc. But there are also a million acquired non-essential needs such as habits, objects, ideas, etc. designed to subdue, manipulate, control and enslave us.

EDITOR'S NOTE - continued

Without ignoring that there are many things created to help us be more effective in certain jobs, we also realize that there are **non-essential needs** that have been manufactured and designed by sick minds (with greed, selfishness, lust, etc.) to promote their consumption, use and dominate us.

2) o your Duty (Dharma) and Learn to act Selflessly without seeking reward for your actions (Karma Yoga).

3) The practice of the Fivefold Path can help us to Cut the Chains of Acquired Needs and be Free in this world.

Spiritual Scientists also tell us that we can Realize our Divine Reality (Immortal and Blissful) and Be Free Here and Now.

Note: Some examples of Acquired Needs that only promote consumption and mental lethargy:

- 1) Following Changing Fashions (clothes, shoes, jewelry, etc.).
- 2) Seeking approvals based on certain beliefs and programming (educational, social, etc.).
- 3) Keeping up with technology (cell phones, computers, cars, etc.) just for vanity.
- 4) Others

If we can use the tools, things, ideas, etc. to help us and Serve Others and we can also Release them without any discomfort, then we have Transcended the Desires and have Attained Freedom.

**OM FREEDOM OM
OM SHREE OM**

EXPERIMENT with AGNIHOTRA ASH

**Datu Alan Yong
Kuala Lumpur, Malaysia**

Last night, 5 of us did Agnihotra at **Mr. Ho's 'Vision' Eco Farm in Gentings Highlands.**

Immediately after sunset Agnihotra (see photo), we measured the pH of the ordinary mountain water;
-we measured this mountain water with some cow dung;
- and we measured this mountain water with Agnihotra ash added.

The pH of ordinary mountain water was 6.

The pH for mountain water with a little cow dung was 7.

The pH for ordinary mountain water with Agnihotra ash was 10.

In the photo from left to right: The first pH is 6, the second is 7 and the third glass with Agnihotra ash gives the pH value 10.

We used Litmus paper for these tests.



HOMA HEALING STORY

Janardhun Nuckched informed from Bon Accueil, Mauritius:

Jay Gurudeva!

On 31st July I received a phone call from an Agnihotri here from the Mauritius Agnihotra group. This Agnihotri narrated how she and her aunt had a car accident and how incredible it was that there was no injury and both were safe, despite that her car was completely damaged. It is miraculous how she and her aunt got away without any injury.

Yes! Agnihotra offers a shield of protection. The divine deals with mishaps in amazing ways. There were a lot of feedbacks from other Agnihotris who also had gone through accident/ mishaps and amazingly they too were not injured.

The pictures of the accident (**photos below**) tell us more about the life-threatening violent impact. Here in Marutius we drive on the left hand side.

Here is what my friend wrote about her accident:

"On Saturday, 27th of July, I was driving from Bambou to Cascavelle, accompanied by my aunt who was seated beside me in the front. My car was going down a slope at a speed of 40 kilometers per hour. At that instant I realized that the brakes failed, I managed to shift down from the 4th gear to 2nd gear, but as it was a steep down slope, the car was gaining speed.

In order not to hit any vehicle at the front or any vehicle coming from the opposite right lane, I steered the wheels to the left. I remember saying "Oh God protect us". **The car smashed against a metallic handrail that entered the car through the windshield, passing in between the two of us the metallic structure went out through the rear windshield, and then the car stopped.**

Under the shock it was hard to understand what just had happened. **Luckily the doors opened without any difficulty** and a few good people rushed to help us to get out of the car. **Good there was no fire! The car was completely damaged from front to the back, a case of total loss.**

I was grateful to the Almighty that none of us was injured. Also extremely astonishing was that **in the car had been 100 glass jars** containing confit and acharad (pickles), and our drinking porcelain mugs, but **not one single glass jars nor porcelain mugs were broken**, they were all intact.

I perform Agnihotra since January 2022. I do the sunrise Agnihotra sessions most of the time. At the time of sunset Agnihotra, I am on the road and have not yet reached home. On weekends I try to do both sunrise and sunset Agnihotra. **I am grateful to the subtle energies of Agnihotra for protecting our lives.** I thus advocate performing Agnihotra and Tryambakam Homa. You never know what happens and in which way you will be protected from mishaps."



Here some of the Facebook comments on this accident:

- Yamraj, the god of death must be having some rest so these people were safe.
- They tricked Yamraj, the god of death.
- Looking at the state of the vehicle, i can say that God is great.
- It is their second life!
- The people in the car need to stay for 1 week in a temple to pray and be thankful to God to be alive!
- God is great...thank you God

- Pray to God. God loves you. Be thankful to God!
- Saved so as to continue with their mission in the world. ...

HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



HOW HOMA FARMING WORKS

By Master Shree Vasant Paranjpe

"We have to tell the people this is how HOMA farming works.

When you perform Agnihotra and YAJNYAS or other HOMAS in a garden, an atmosphere is created that is conducive to growing and therefore attracts the nutrients, insects, microorganisms and animals that would be happy and thrive in that environment.

This of course is because Nature is so wonderful, it automatically benefits the soil and the plant, and the plant thrives.

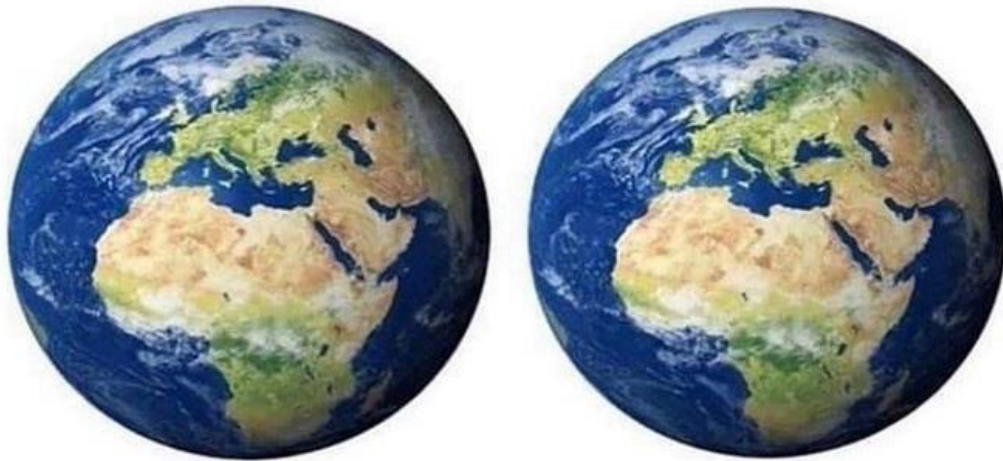
Same thing happens when you put the ash or use Agnihotra ash water but it works more for the plants individually; by putting the ash around the individual plants or in the beds or spraying the plants, those elements that are best for that plant are attracted to it and it thrives.

Now of course we have to use proper principles of farming, basically with weeding, scarecrows or deterrents to birds and animals because they will want to eat this plant."

Photos: Homa garden of Mrs. Dora Betancur in Armenia, Colombia, South America



ECO NEWS



PHOTOS OF OUR PLANET:

BEFORE GIVING YOUR OPINION - AFTER GIVING YOUR OPINION



"REVOLUTIONARY FOOD"

By: Indie Rights Movies

Release Date: October 2, 2021

Revolutionary Food: Food is about positive changes taking root in our modern food system. It focuses on the real farmers who grow and raise real food and the consumers who demand it.

To view this documentary, please enter this link:

https://www.youtube.com/watch?v=xh_RvjVrREM

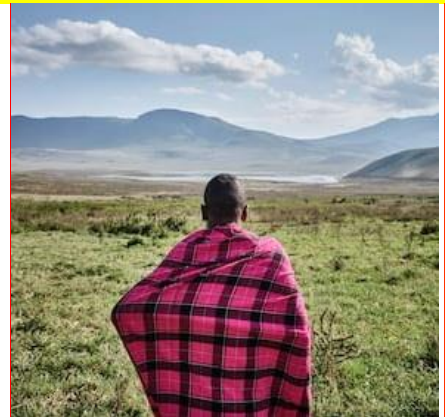
"INDIGENOUS NO, BUT TOURISTS AND HUNTERS YES"

Evicting Tanzania's Maasai in the name of conservation?

Human Rights Watch is accusing Tanzania of forcing indigenous tribes from their ancestral land in the Ngorongoro Conservation Area. In a report released recently, the rights group documents a Tanzanian government program to move 82,000 people off their land to use it for wildlife conservation, tourism and hunting.

To learn about the situation in Tanzania, please see:

<https://www.voanews.com/a/hrw-to-tanzania-stop-forcing-indigenous-tribes-off-ancestral-lands/7724443.html>



If you cannot find peace within yourself, you will never find it anywhere else.

Marvin Gaye

To be kind is more important than to be right. Many times what people need is not a brilliant mind that speaks but a special heart that listens.

- F. Scott Fitzgerald



Power of POSITIVITY



TELEVISION

It's Called Programming For A Reason.

TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***“You can see how Grace works.
It is like you are on one of those
automatic walkways in the airport.
You take a small step and
automatically you are carried much
further.”***

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“You must let Grace intervene in your life. You need not be in control. Surrender. Let the Light shine forth and all will be given.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Efficiency in action is Yoga. Whether the work is small or big, with every event a unit of time is consumed. That means a chunk of your life is bitten off. Do you want this to be spent efficiently or wasted? With one-pointed attention you are more likely to bring efficiency.”

-Master Shree Vasant-

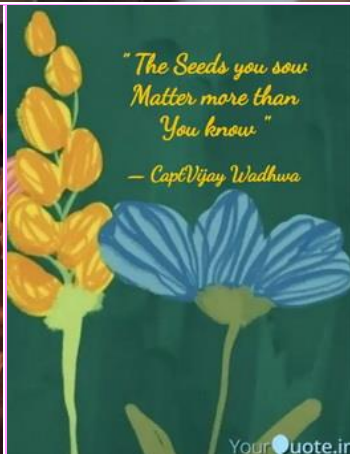


TIMES of the HOMA FIRES - WOMEN'S HEALING CIRCLE



“To give Divine motherly love is to give acceptance, understanding, support, concern.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“You go into more strict disciplines. Then you become free.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“If one sees God in every person, nothing more is necessary in terms of effort. It is ALL GRACE. Grace lifts you up.”

-Master Shree Vasant-



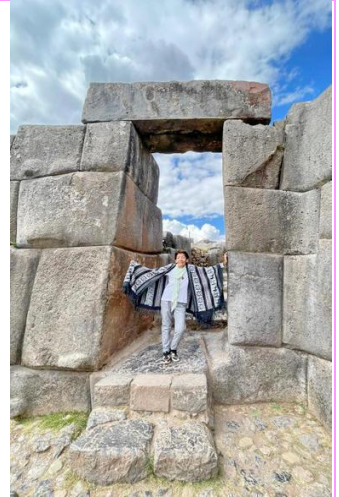
A festival of healing Homa fires was celebrated in Piura for the farewell to a longer journey of Abel and Aleta, accompanied by the best wishes of this beautiful group of Agnihotris. The Homa family in Piura exists for more than 25 years and the family is growing also in love, understanding, service, surrender...
OM SHREE

TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“We come into contact with higher forces which operate in subtle ways to lift us up. We begin to note changes in our reactions on a grosser level and later the changes become so subtle that it is impossible to measure them on the physical plane. There becomes no action/ reaction syndrome, only one steady stream of light through which we travel, from which we go, to which we come, until we become fused with this light totally.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Concentrate on that which is healing and full of love. Never negate; never criticize; never judge. That which has been given to you is not to be taken lightly. It is by Grace so many chances are given. Now this is the last chance and greatest blessing.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Just as an exercise, choose one person with whom you have not associated because of disagreement or bad feelings. Then make contact with that person and just be loving with him or her. Contact him just for the purpose of establishing positive relation after bearing grudge against him. Do not expect this one act to change things or to make right any wrong you have done. Just be full of love and forgiveness. If we cannot forgive those who have erred against us then chances are good, we have no forgiveness for our own errors. A higher nature always forgives.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



With the young Gabriel Gil Alva, there is an energetic orientation for Yoga.



“People were told that a divine Messenger would be sent to bring forth the message of Love to the world. That time has come. The time is now. It is no longer tomorrow. It is truly this day.”

- Master Shree Vasant -



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***“Don't act
on impulse.
Never
respond
from
emotion.
Only Love.”***

**-Master
Shree
Vasant-**

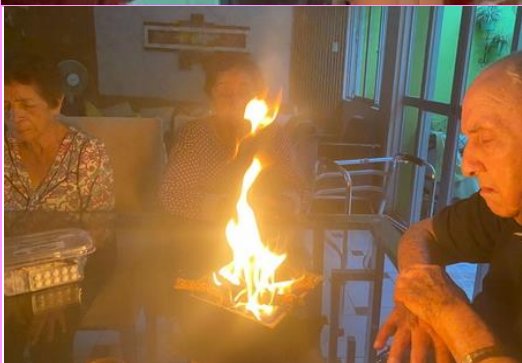


TIMES for the HOMA FIRES - SULLANA, PERU, SOUTH AMERICA



“Do you ask the river, "Stop here, it is nice here"? You can ask all you want but it will not stop. That is how it must be. Many people receive good things from the river. Remember this. You will be as a river. Grace of God knows no boundaries..”

-Master Shree Vasant-



TIMES for the HOMA FIRES - JAEN, PERU, SOUTH AMERICA

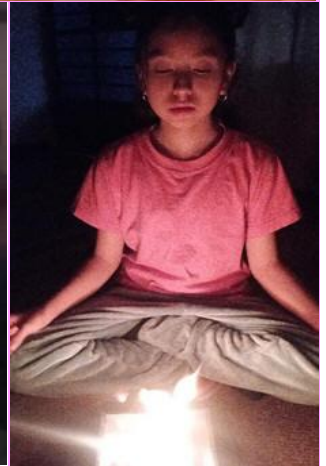


“The seeds of truth have been planted. You reap what you sow. If you are part of sowing seeds of love, that is what you will reap.”

- Master Shree Vasant -



TIMES for the HOMA FIRES - EsSALUD CLINIC CARABAYLLO, COMAS, LIMA NORTH & PUCALLPA, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - GUAYAQUIL, CHAFLU, VINCES, SAMBORONDÓN, LA LIBERTAD, ESMERALDAS, ECUADOR



“Through Grace everything will be made smooth for you. You have difficult time but that time is coming to an end and if you do the disciplines things will improve greatly.”

- Master Shree Vasant -



TIMES for the HOMA FIRES - GUAYAQUIL, ECUADOR



Photo above and left: **Tulio Reyes** and Therapist **Sonia Hunter** organized a healing meeting in the villa where they live in Guayaquil. They invited residents and friends. It was an Agnihotra teaching meeting. There were many interesting questions. With the practice of Agnihotra, a tranquility and peace descended, which everyone could feel.

A wonderful encounter with the healing fires of Homa Therapy took place in the **Mehadash Integral Medical Center** with health professionals **Viviana Esteves, Mario Angulo, Jhon Coronel, Angelita Bahamonde** and their patients who shared wonderful testimonies after the massive Agnihotra session.

(see photo to the right and photos on the next page)



TIMES for the HOMA FIRES - GUAYAQUIL, ECUADOR



“If you continue as you have been in making every effort, doing good Karma and being honest with yourself and others, you will rise very quickly now. We must turn our thoughts towards helping others, serving others. Do not think "What about me?" Everything is given.”

- Master Shree Vasant -



Agnihotra Healing Encounter in the Integral Medical Center MEHADASH

TIMES for the HOMA FIRES - BOGOTA, HUILA, VILLAVICENCIO, SANTA MARTHA & CALI in COLOMBIA, SOUTH AMERICA



“If you tell someone what to do, then in a sense you are partially responsible. The person can always come back to you later on and say, “See, you told me to do this and I am unhappy”. So, you can give suggestions and better yet, be an example, but you cannot tell people point blank, “Do this”.

That is interfering with their Karma and you suffer consequences on some level. It may not be noticeable but still what you do comes back to you.”

-Master Shree Vasant-



**TIMES for the HOMA FIRES - MEDELLIN, BOGOTA,
BUCARAMANGA & VILLAVICENCIO in COLOMBIA, S. AMERICA**



***“Forgiveness acts as a
cleansing agent
to get rid of evil tendencies
which pull us in the
wrong directions.”***

-Master Shree Vasant-



TIMES for the HOMA FIRES - BHARGAVA DHAM, ELQUI VALLEY, SANTIAGO, PISCO ELQUI & OTHERS, CHILE, SOUTH AMERICA



“You bring these healing energies to others with very little knowledge of it. This is the beauty of it, how GRACE operates. NO intellectualization. Healing goes on whether you know it or not.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - MEXICO, PANAMA & PUERTO RICO



“Do not think, “What will be”. Focus on what already is i.e. “Be here and now”. Meditate 2 to 3 minutes before meal. No worry. No fear. Only love now.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - MARYLAND & MT. SHASTA, USA



“Forgiveness is born of strength and can never be associated with weakness. You have the power to give the blow and you abdicate it; this is forgiveness. It ill becomes a weak man to talk of forgiving others.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - SPAIN & GERMANY, EUROPE



“It is in His hands, not ours, to shape the future. We must only be as pure and devoted as is possible. Then what comes is His will. If we take sides and become involved in crises with our own ego we suffer. Remain silent on such matters. Do not invite trouble. Trouble is enough without your invitation. Each of us has his own Karmic situation. We do not need more added to that.”

-Master Shree Vasant-

TIMES for the HOMA FIRES - KYRGYZSTAN, ITALY & MAURITIUS



***“A NEW AGE IS DAWNING.
IT IS THE BEGINNING OF A
WORLD FULL OF PEACE AND
BLISS.
But first all the obstructions
should be removed.”***

-Master Shree Vasant-



TIMES for the HOMA FIRES - MALAYSIA, ASIA



“If someone blames another person for failures in his life, he is missing his lesson. If someone has led you in wrong direction and willingly you have followed that, the blame cannot be placed on him. Place it at Our Feet and be done with it.”

- Master Shree Vasant -



TIMES for the HOMA FIRES - INDIA



“Best is to cast no blame and seek for the answers why within.

To blame another for a fate which has befallen you is to refuse to look within. Then how can you learn your lessons? You look from a higher perspective and you will realize there is no need to blame anyone.

If it is too much to bear, lay it at Our Feet and it will be lifted from you.”

-Master Shree Vasant-

TIMES for the HOMA FIRES - INDIA



“One will refuse to hate his enemy if one knows his refusal is going to purify his intellect and thus usher in manifestation of Grace.”

-Master Shree Vasant-



TIMES for the HOMA FIRES - INDIA



FUTURE EVENTS in INDIA

DO YOU WANT TO FEEL BETTER,
HAVE A CLEAR MIND, PEACEFUL THOUGHTS
AND HELP MOTHER EARTH?

LEARN AGNIHOTRA!

**INVITATION TO A FREE WORKSHOP WITH
Prof. Abel & Aleta from South America**

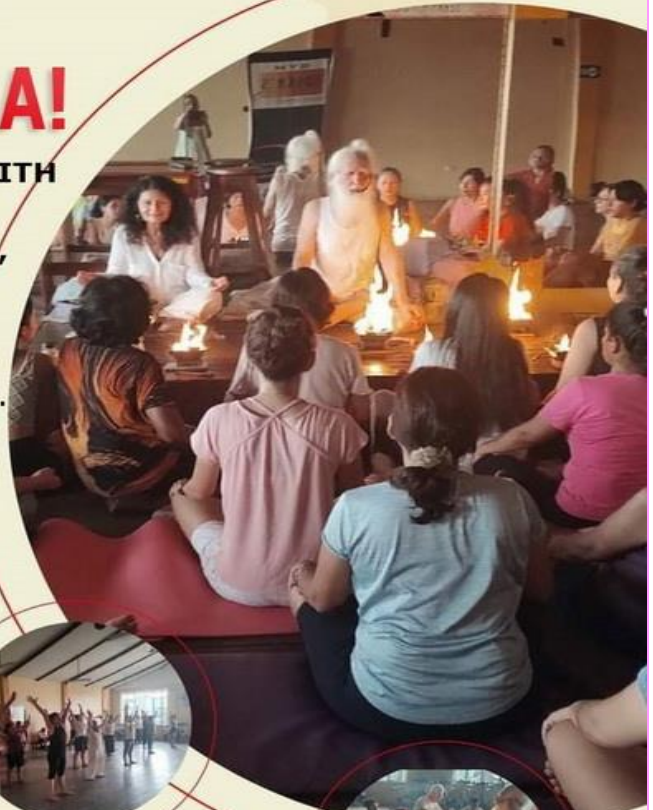
**They have over 30 years of experience,
travelling & teaching this harmonizing
technique - AGNIHOTRA, worldwide.**

In the **Ancient Science of the Vedas** we
can find '**Old Answers for the New Age**'.
Agnihotra, a small pyramidal fire done
exactly at sunrise and sunset with the
intonation of the vibrations of the sun,
creates a healing, transforming, purified
atmosphere, which allows for personal
improvement on any level (personally,
family, intellectual, economic,
environment, ecology, etc.).

For more information on how to participate
in these Homa Therapy workshops please
write an email to:
Abel & Aleta - terapiahoma@yahoo.com
Hrishikesh - homatherapy@gmail.com

**Make the change
you're looking for!**

Please visit: www.homa1.com
www.fivefoldpathmission.org



From Orion Transmissions

Acerca de Niños Especiales

Yes. While we inform you of all disasters to come, we also have a duty to prepare you for their coming as well as for the dawning of the New World. For indeed, those of you who are prepared in heart for the times to come, indeed you need also prepare your hearts for the New World. It will not be as you imagine exactly. Nearly all communication will be non-verbal. Of course, you will speak, but there will be another higher mode of communication not even involving thought. **There are children on your planet who are already awake and aware, who need no speech to communicate.**

Often, these beings are very evolved on one level, but unable to make their two conflicting worlds meet in harmony. This is, while this super awareness is there, they cannot grasp 'normal' situations which require skills such as speaking, reading, etc. they are trapped inside 'dysfunctional' bodies, while their minds are quite aware of all that is around them. They often have a heightened sensitivity to vibrations around them. This causes them to either appear nervous when suddenly jolted from their present state, or it may cause these beings to shut out all forms of interference, thus appearing completely unaware of their surroundings. It is often not the case.

Many of these beings will come to know when the time is near for their awakening and in a moment, they will activate. Often, such beings 'snap out of it', so to speak, and suddenly have full capacity to comprehend, as well as have full faculties of sight, hearing, speech, etc., as if no time had passed in their silence. Treat such beings with love and patience. Such treatment hastens their recovery.

Often such beings display a heightened sense of awareness and can later be quite helpful in assisting others like themselves. Still, others never fully recover the ability to respond emotionally. They may appear distant or detached from family and friends. Understand this and reduce expectations to accommodate their needs. These beings are also often sensitive to light and to loud sounds, particularly to high-pitched sounds.

If you have a child who is of this nature, create a quiet environment, play soothing music or nature sounds, and try to reduce harsh lighting. These beings are particularly susceptible to disturbance in fluorescent lighting as well as strong smells such as perfumes, home deodorizers and the like. Though often these beings prefer to stay indoors, it is of extreme benefit for them to be exposed to nature as often as possible. Indeed, a pastoral or rural environment is best for optimum balance for these individuals.



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

"KNOCK KNOCK KNOCKIN' ON HEAVEN'S DOOR."



If we discount (for a few moments) the saboteur matrix—that humans have an archetype characteristic of engaging in self-sabotage at times, we might realize that at our core, we don't wish to exert pain upon ourselves or others. We really do seek comfort, balance, perspective, peace & serenity.

How all of this exists in consonance with SURRENDER TO DIVINE WILL as in NOT MY WILL BUT THY WILL BE DONE, may take a bit of study.

No one truly or naturally wishes to surrender. Is it not the loser who surrenders to the winner, the victim to the perpetrator, the weakest to the strongest?

Well, this is a different kind of surrender; it's not "stop resisting to an enemy or opponent and submit to their authority."

It's not any of the following synonyms to surrender:

- capitulate -give in -give (oneself) up
- yield -concede -submit -climb down
- give way -defer -acquiesce -back down
- cave in -relent -succumb -quit
- crumble -be beaten -be overcome
- be overwhelmed -fall victim
- lay down one's arms
- raise/show the white flag
- throw in the towel/sponge
- accept defeat -concede defeat



IDAM NA MAMA- not my will but Thy will be done. And "Thy" is not our enemy. "Higher Power," as something like the Divine is referred to in Alcoholics Anonymous and other 12-Step programs, is not an adversary.

It may feel at times as if we are at war with our tendencies—but not with God-- to act in ways contrary to Divine standards, but, in truth, it is less a war and more of an evolving into the higher beings we are destined to become.

On the spiritual path, surrender is the result of realizing Step 3 and turning over the wheel to a power greater than ourselves.

Step 3 of AA: *"Made a decision to turn our will and our lives over to the care of God as we understood Him"*.

Not only is this not CAPITULATION. To the contrary, it is a decision borne of faith, devotion, experience and to some extent, hope.

Just as persons unable to find a cure for a physical problem with allopathic or mainstream medicine often turn to non-traditional, herbal and other naturopathic substances and methods, so surrender—and performance of Agnihotra—is often sought when all else has been tried and found to be lacking.

If you have a modicum of I.T. skills, fine, have a go with them. Should they result in less-than-optimal results, why not turn over the matter to one much more able to fend the way through the maze?

Indeed, why not? Some may 'want to do it themselves,' some may cherish the challenge of trying—and failing. Some may lack the self-love—or be overcome by forms of self-loathing—and, thus, not choose to surrender even though all evidence points toward the wisdom of doing just that.

As we wrote last month, the condition of our planet and of us, its inhabitants, is pretty much approaching a danger zone or tipping point.

HOMA PSYCHOTHERAPY: Continued

"KNOCK KNOCK KNOCKIN' ON HEAVEN'S DOOR."

So putting additional challenges on our ability to be happy, healthy and holy is silly at best, and stupid at worst—not to mention those more vulnerable than we whom we might help and who hardly need more challenges.

I had a strong aversion to wearing hats—and long pants—and having moved to Arctic Poland rather quickly cured me of these tendencies. Not very many souls climb Mount Everest without hats or long pants. Ones who might try this, normally don't live long enough to tell their tales.

The point is extraordinary times and situations demand extraordinary efforts as well as an openness to living out of the box.

Failure to thinking, feeling and intending out of the box might very well result in your box resembling a jail cell.

Lest we become enslaved to our stubbornness, obsessions.....surrendering to Divine Will may be the only way out of the miasma and the maya.

"...you must learn to merge your will into His will. This is surrender, total surrender, the culmination of all spiritual discipline."

"Various events unfold in time. Have faith that it is His will. If the events bring about grief, it is the result of accumulated Karma out of which our present life is just a speck."

"For Self realization, surrender is the way. All progress and joy can come only through

surrender."

"Unless we truly surrender to God's will, no progress on the spiritual path is truly made. This is the basic requirement. Agnihotra puts us in a mood of surrender to the Supreme and hence Agnihotra is a great material aid on the Divine Path."

From Ten Commandments of Parama Sadguru—commentary by Vasant V. Paranjpe.

"To love another person is to see the face of God" (Victor Hugo).

Putting another's needs before our own may be considered a surrender to a Higher Power. Certainly, such altruism paves the way to an enlightenment of sorts. Do it enough and this enlightenment can become Enlightenment.

Should the idea of behaving as an instrument of the Divine be a craving of yours, your work here may be approaching its end.

For no other more noble endeavor exists. When you can honestly answer, "What others?" when faced with opportunities to serve, as your self-interest merges with others'—and others' with yours-- you may or may not enter the Kingdom of Heaven, but at the very least, you are at Heaven's doorstep—knock, knock, knockin' on Heaven's door.

"Praise to all, oh travelers of Kingdom of Heaven. Light of the World has descended on earth.

Divine Light is spreading throughout the whole planet. Kingdom of Heaven is near at hand. Blessed are who saw the light. Fortunate are who walked in light, for they will enter the Kingdom of Heaven. Om."

Words pronounced by **Parama Sadguru Shree Gajanan Maharaj** from Akkalkot, India.

Foot steps...

Of the Righteous



Ordered by GOD!

WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero



The transformative power of women's circles

We have already talked a lot about the importance of creating women's circles, to achieve the evolution of our society and embark on the path to authentic liberation, both individual and collective.

One of the most healing aspects of the circle is learning to listen without judgment. Learning to listen in silence, without giving advice, simply learning to share something that we had silenced and to feel recognized and accepted at the moment of speaking our truth. When a space of trust is created to open up in front of others, we discover that our experience is reflected in the experiences of others (regardless of differences in age, culture or life path) and it becomes clear that women are one heart, one soul, one community.

Creating a sacred space, without any rush, just for ourselves, and having the possibility of openly expressing what we are feeling, what is happening to us, what we are needing in that NOW, is undoubtedly a profound experience, which leads us to look inward, through the eyes of other women, who are there to support us.

That is why I urged you to create these spaces. To manifest your own circles. To create your own rules, to ask each other, what are you looking for, what are your needs. As I mentioned before, there are different types of circles, it is you who have to 'feel' the dynamics of your circle. One friend attends a women's circle that is dedicated to learning ancestral medicine, home remedies, making creams; another is part of a circle where dancing is the most important activity, the expression of emotions through movement. The list goes on.

In these everyday activities that seem almost frivolous to some, the magic of transformation happens... sometimes clearly, and sometimes in a subtle, but equally powerful way.

Do not be afraid to create your own rituals, although the idea is always to open the circle with an Agnihotra fire or a Vyahrti and to be constantly using the wonderful tools that the Fivefold Path gives us.

Also do not be afraid to address strong issues such as violence and abuse, addiction, anxiety, or obsession. While it is true that women's circles are not a psychotherapy session, sometimes it is these instances of sorority which encourage many women to face extremely difficult situations and to be motivated to seek professional help, which they never tried before because of fear and insecurities.

The beauty and power of these circles to create an intimate connection between women, regardless of age, job, nationality, origin, etcetera, makes these meetings TRANSFORMATIVE and gives a deep impulse to each of the participants to be part of the great change that must happen and is happening in our society.

I embrace all of you and invite you to dance, to weave dreams, to sing loudly your hopes, to work from the inside, to ignite not only the physical healing fire, but also to ignite your inner fire.

"Sisterhood is being together, feeling together, healing together and rising together".

"This world will not change unless we are willing to change ourselves."

Rigoberta Menchú



MEDITATION with HEALING MANDALA



"WISE WOMAN

Aligned with the spirit of the mountains.
Guided by moon and stars.
She sees the Light.
She holds the planet in her heart.

She is wisdom.
She is a woman of heart and mind.

She is the wind.
She is the moon.
She is the Light within.
She is peace."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

LET US NOT WASTE ENERGY



The Teachings of the Vedas, summarized in the **Fivefold Path** principles and revived at this time to help us overcome the problems we have generated with the current model of coexistence and survival, indicate that we need to purify the atmosphere (biosphere) to avoid ecocide on the physical plane, and also to minimize the mental confusion that this contamination generates in human beings, which hinders evolution on the more subtle plane of the soul.

We have seen that the Yajnyas purify the atmosphere, and that the product that is generated by the interaction of this purified atmosphere with Prana nourishes, calms, and gives contentment to the mind of human beings and can even heal the bodies of the beings that live in that environment. The mind is a reservoir of subtle energies.

Are we the body? Are we the mind? Or are we something more than that? The Teachings tell us that the purpose of human existence is to reach the vision of the soul and manifest the Divine, the Light, that lies within us. Therefore, our true nature is something that is beyond the soul: the spirit. Purity and humility are the paths to reach that Light.

Agnihotra and the practice of the Fivefold Path (the material help that we have received by **Grace**) allows us to capture subtle energies that enable us to think, devise, feel, love, have a good disposition, good spirits, enthusiasm, contentment, empathy, a positive attitude, and other energies, even more subtle, that propel us to achieve the Realization of that Deep Self that lies within us and that, many times, we do not perceive due to our wrong attitudes or approaches.

One of the most significant mistakes we make is to seek happiness outside of ourselves and, also, in past or future times. The word **sin**, which comes from the Greek, means to miss the target, to miss the objective. When we use the vital energy, we receive every day, to complain, lament, criticize, envy, get angry, indulge in habits that destroy us, covet, blame others, ruminate on something from the past, or

project our happiness on some probable future event, we are wasting life.

A mind that, by force of habit, is always busy looking outward, neglects its own habitat and can lead us to profound errors, which later will have to be compensated for. We must train the mind to focus on the development of our inner being and not be carried away by the objects of the senses, by our congenital and learned tendencies. We cannot allow the mind to mortgage our life and waste the opportunity to develop our true being.

What is the spiritual discipline that can renew, re-educate the mind? What is the practice that can renew our minds and transform it into an instrument of manifestation of the Light that lies within us, instead of a tyrant that keeps us in suffering?

The **Teachings** of the Vedas, revived as the **Fivefold Path** by Parama Sadguru Shree Gajanan Maharaj for this Age, is the method and tool to achieve this transformation.

Master Vasant used to tell us:

- Being born in a human body is a great blessing.
- Having the desire to achieve spiritual development is a second blessing.
- Having the Teaching of how to achieve this development is a third blessing.

Let us not waste this life on minor, subordinate interests and let us use it to advance in the development of the soul. The human being has the capacity for discernment and, therefore, can choose how to live, can choose to develop and be Happy.

But discernment is not enough. Another force of an “emotional character” is needed that will lead us to understand, to comprehend with the intellect and emotion simultaneously. The practice of the **Fivefold Path** can develop our intellectual, emotional and volitional capacities, and open our mind to connect with that subtle energy that is constantly pushing us to reach that transcendental reality that lies within us.

A Devotee Shares:
Experiences with Master Shree Vasant
By Gabriele Masill, Germany (living in USA)



In 1975, I was living in Stuttgart, Germany in a women's artist union building. One day my neighbour Mrs. Gertrud Lietz, invited me to join her for tea with a guest from India, Shree Vasant Paranjpe.

Mrs. Lietz hailed from Riga, Latvia, from which she had to flee during World War II. She had been a dancer in her youth and for many years had been a disciple of Shree Aurobindo and was very well versed in Eastern philosophy and meditation. Shree Vasant opened the conversation by asking Mrs. Lietz about her life and interests. The topic turned to Sanskrit and how it was related to her native language. Mrs. Lietz would mention a word and Shree Vasant would explain in detail the root of that word, its meaning, and its etymological connection to Sanskrit. It was a lively exchange which filled Mrs. Lietz with joy.

I was astonished to witness how much this Indian man knew about European culture, especially so much about the language of such a tiny Eastern European country. Shree Vasant went on to explain that he wanted to show us the process of Agnihotra, which is an ancient Vedic practice to heal the atmosphere, body and mind. We all met a few days later in my apartment for evening Agnihotra. I had invited several friends and artists from our building and we had a wonderful fire meditation followed by Shree Vasant's teaching.

Immediately, four women in our building began Agnihotra. Actually, we enjoyed going together to collect cow dung in the countryside, which we later dried on our balconies.

Several other meetings followed, and some public talks by Shree Vasant. In one talk He mentioned that Shree Gajanan Maharaj was the one who resuscitated the Vedas and

the ancient practice of Agnihotra. After this talk, I asked Shree Vasant, "Who is this Shree Gajanan?" He answered me, "It is unusual that you ask this question. Many people have heard His name in my talk but nobody has asked about Him. But you have asked and you will have to meet Him one day."

One of the outstanding qualities of Shree Vasant is His ability to answer questions even before they are asked. So many times, I have approached Him with a question in my mind, and before I can even ask, it would be answered during a conversation. He always seems to know where I stand in my spiritual development. If I need a push in a certain direction, He will do it with a subtle hint, lots of humour, a story or a parable.

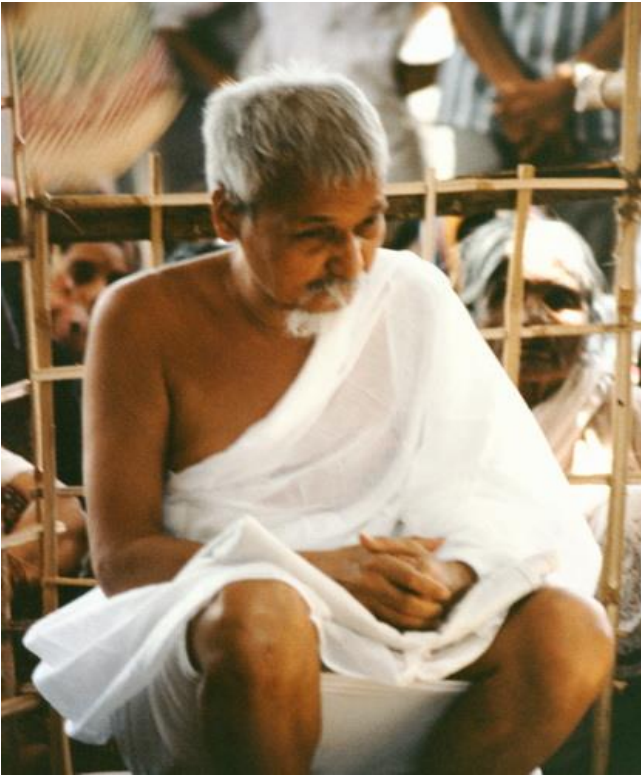
For many years I had been practicing my personal Mantra given to me by Shree Vasant. Then I was diverted and stopped doing my Mantra but I did not tell Him and He had not asked me. Years later, when He came to Madison Virginia, where I live now, He looked at me and nearly the first thing He said was this:

"When a personal Mantra is given by a proper source this itself is a blessing. If you practice the Mantra all the time then your load of past Karma gets reduced. Grace intervenes to make your journey in life less strenuous, if according to your Karma you had difficult situations to face. One has to finish the karmic load and Mantra is the easiest way. However, if you have been given a Mantra and you do not practice it, it remains dormant. Still, at the point of death when you enter another realm, you are still in the prison of Karma but you will be taken care of as if it is your mother who is the prison warden."

From the book: **Messengers of the Sacred Fire**
The extraordinary Life & Works of Shree Vasant Paranjpe by Parvati Rosen-Bizberg

MESSAGE FROM MAHASHREE GAJANAN MAHARAJ

17th May 2011 at 12:42 am



(Message received via Parvati in meditation)

“These are turbulent times.

Do not fear them.

***No obstacle is too great for Us
to overcome.***

Do not fear.

***Under no circumstance in life
should you have a moment of
anxiety.***

***Under no circumstance shall
you worry.***

These are tumultuous times.

We will be your comfort.

We will guide you through darkness into magnificent Light.

Hold fast.

Stand firm.

We are always with you.

***Carry the Fire
North to South
East to West
And back again.***

***These are times as told in Bible, Koran,
and in ancient books of all Holy saints and prophets.***

***Those who have received the Fire
have received Blessings by Our Hand.***

By this be assured.

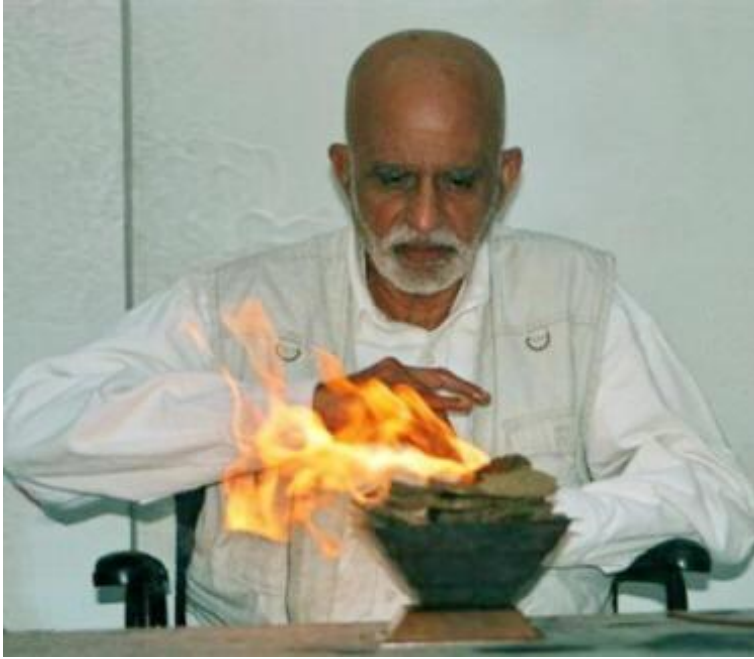
Your lives are in Our Hands.

With every breath, We are with you.

Blessings and Light upon the Earth.

OM TAT SAT.”

MESSAGE from MASTER SHREE VASANT
given in Caracas, Saturday, 17th August 2002



The only way to survive will be to live off the land itself and in a HOMA atmosphere, everything will prosper. We have to be direct and blunt at this point in time as there is very little time left.

Now we put emphasis on healing. The HOMA atmosphere is what brings our gifts to the forefront. The fire clears the cobwebs of self-doubt and ego that can spoil a healthy spirit. We know this. We have seen it many times. In a HOMA atmosphere these tendencies are reduced. In the beginning, or for a certain period of time, it may seem

that these tendencies are accelerated and it may even seem that the person has more ego but this is only a passing phase... Continue to do the fires and see the changes that come naturally.

We have to tell you now that **IT IS NECESSARY TO MAKE AN EFFORT IN THE AREA OF PERSONAL DEVELOPMENT** to evolve from this point. This is for everyone, there is no exception. It is the fifth aspect of the Fivefold Path. It is Swadhyaya, self-study.

Self-study does not mean self-analysis. What can a person accomplish by examining himself with a critical eye? He may simply fall into a cycle of blame and shame that will gain him nothing in the end. Through careful self-study, observing the mind and how it affects our moods, our ideas, our well-being, one begins to see where one needs to improve without blaming oneself and without feeling shame. We are aware that there are no perfect human beings except those beings who are fully evolved and they are indeed very few. So, if there are no perfect human beings, from every point of view, it follows that self-improvement is necessary to evolve

If one observes one's own behavior with an eagle eye and remains open to the suggestions of others who are sincere in their efforts to help, then one can evolve and overcome even the most difficult defects in character. If we are all the time defending ourselves against what appears to be others' criticism of our behavior that others find offensive, then the effort is wasted.

If a humble man is given a suggestion to improve himself, regardless of whether this suggestion is valid, he is grateful for the opportunity to use it to look within himself, improve his character and become a better instrument of the Divine. This, therefore, is the best attitude to take. Also the accuser may not know his own worth.

Someone may tell you something that may be unpleasant to hear referring to yourself and if that person has good intentions, it may be helpful. But even if the other person's intention is not 100% admirable, it doesn't matter. Still, one can look at it as an opportunity to evolve. Divinity can work through all avenues.

If one is hearing the same suggestion repeatedly, or the same comment by others, then it is probably a good indication that improvements need to be made in that area. No amount of analysis, feeling guilty, blaming others, or feeling ashamed is going to help you evolve. One has to be a fearless being if one is to evolve with honesty and integrity on the spiritual path.

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



On Harkening to a Higher Calling

On Earth, those beings of you who have been tapped into service by Divine order—that is, those whose lives no longer exist to serve your own desires but instead have been transformed by Grace to perform acts of kindness, love and compassion in accordance with Divine laws—harken to a higher calling.

When your lives exist for a higher purpose other than fulfilling your own individual needs and wants, every aspect of your lives shifts. It requires a new sense of sight and sound, a new balance of awareness tempered by Grace, humility and deeper levels of understanding.

All of you are in the process of 'becoming,' in essence, who you really are. At whatever age you awaken, that is like your first year in a new cycle. It is like a birth, if you will, in a new era of your lives on this planet.

The changes in your lives will often be profound, as you move up to a higher level of understanding the spiritual laws and how they impact your lives. You begin to see how incongruity will no longer serve your higher selves. You will learn to become more honest with yourselves and others. Your sense of personal integrity and clarity will replace tendencies to hide from your own faults and weaknesses. You will learn how to transform those weaknesses into strengths, as every aspect of who you are becomes fodder for self-realization.

No shadows are too mighty to be unmasked. As you embrace more Light, shadows are revealed. In the blinding Light of Truth, nothing can hide. Be prepared to know yourselves.

And see yourselves as reflections of all that is holy and good in the world and beyond. This leads to self-acceptance and healing on every level of your life.

On Finding Your Spiritual Path

Yes, yes. By all means, conduct your lives according to Divine contract, as you have understood it, as it has been revealed to you.

Do not allow for doubt or confusion, especially those of you who are new to spiritual path. Find the path that resonates with your spirit. Do not seek a pathway for glamour, fame or fortune, though most spiritual paths do not embrace these. Seek to find that which inspires and instructs, that which teaches by example, so you have a guide to follow the precepts and tenets that encourage you to act with love, compassion and your own innate understanding.

Indeed, many are the paths of Divine Spirit. Yet those which claim to be the one and only are likely not.

Should you find yourself on a spiritual pathway that feels overly constrictive, uncomfortable or unjust in its teachings, decline involvement and walk your own way. **When the student is ready, the Guide or Teacher will always appear, and always right on time. Divine timing is impeccable. Trust in it.**

Above all, follow your heart. These days are trying, and the waters of the world rough and hazardous. However, keep the light lit in your heart to find your way home. All will be revealed, if your hearts are true.

For more information, please see:
www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

[For more news about Homa Therapy you can see the magazine 'Satsang'.](#)