



EDITOR'S NOTE

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SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

**I AM HAPPY HERE
AND NOW**

Let's do more self-study (Swadhyaya). Life on this plane seems to be: a push and pull, joy and sorrow, pleasure and pain, elation and depression, knowledge and ignorance, health and disease, rising and falling, right and left, birth and death, etc.

Life is dynamic thanks to the influence of two opposite tendencies:

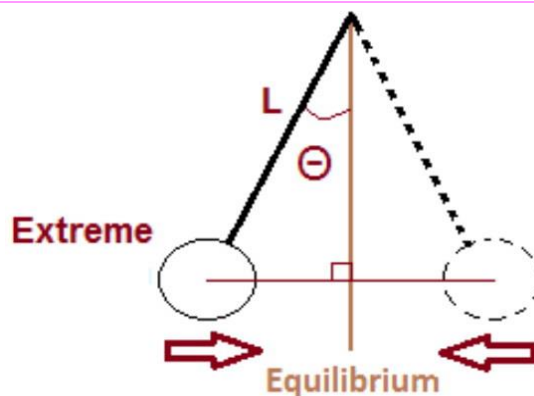
- Ying and Yang
- Feminine and Masculine
- Negative polarity and Positive polarity
- Increase and decrease
- Expansion and Contraction
- Light and Darkness
- Future and Past
- Inhalation and Exhalation
- Dense and Subtle, etc.

Thus, life is movement like the pendulum trajectory that alternates from one extreme to the other, always passing through the point of equilibrium.

Thus, we realize that The Point of Equilibrium is **Peace = Bliss.**

Therefore, the experiences of life are simply interpretations according to the eyes of the beholder. They vary depending on:

- 1) How we look through a colored glass that can be concave or convex which generates altered images.
- 2) How we see life through a colorless and flat transparent glass that generates a more real image.
- 3) How we maintain serenity, silence, stillness, objectivity, and impartiality which are more conducive to a clear perspective.
- 4) How we practice equanimity which is to remain undisturbed



The point of balance is Peace = Bliss.

despite outside influences or forces.

- 5) How we hold the balance and strength necessary to maintain:
 - a posture (asana)
 - or a movement with the physical body
 - a positive emotional attitude
 - a balanced state of mind.

If we focus on goals, we potentially live in the future.

If we focus on memories, we relive the past.

But if we focus on every step or movement, we live in the present.

Can we choose the past or future we want?

Of course, we can also choose our memories (pleasant or unpleasant). And we can also choose possible future events with our present imaginations and actions.

We can potentially be the Architects of our life, not only in the Future, but also in the Past, if we are Attentive to our thoughts, sensations, emotions and actions in our Present.

This would be Living Consciously Here and Now.

The Practice of the Fivefold Path helps us to approach this Point of Balance, or Oneness, or Attunement with a Divine Will.

**Om Consciousness Om
Om Fivefold Path Om
Om Shree Om**

HOMA HEALING STORIES

Carolina Faune
Machali, Chile, South America

I came to know the Homa Fires about 10 years ago and I found it a wonderful technique. Contemplating the Fires was an experience full of energy and plenitude. However, I questioned the possibility of doing them due to my lack of discipline and constancy. I felt that the commitment was too much and that I would not be able to fulfill it.

So, time passed and in October 2021, I made a trip through the flowery desert in Chile and by fate I got to live for a few days with Hari Kaur in La Serena. She is a beautiful person and committed to Homa Therapy. When she saw my enthusiasm to participate, she gave me a pyramid and I fell in love with the feeling of performing the Homa fires. Hari taught me everything about the fires and we did them together. I returned home with the pyramid and everything else to practice Agnihotra. I will always be grateful to this wonderful being who had the patience and generosity to pass on such precious knowledge.

(Photo above: Carolina practicing Agnihotra.)



From then on, I did not stop doing Agnihotra and soon after, I started practicing Tryambakam Homa and Gayatri Mantra. The connection was so deep that I felt that I had always known these, their procedures and the Mantras were so familiar to me. That led me to do the fires very regularly.

In March 2022, after practicing Agnihotra daily for a few months, both at sunrise and sunset, I had a complex clinical episode. After a series of tests, I was referred to the emergency room for a consultation with a surgeon, as I had to quickly coordinate a gallbladder operation. I was warned that I had to do it soon because several tests showed an altered state and the doctors did not rule out the beginning of a **neoproliferative process in my gallbladder, that is to say, cancer**. When one hears that word, the first thing you think of is “death”. Those were days of great anguish and worry, until after the catharsis, I surrendered myself into the hands of the Divine and I had to let go of all forms of control, if this was to be my destiny.

Apart from performing Agnihotra daily, I began with the intake of its ash 3 times a day, with faith and conviction that this would help me in my process, whatever it was.

A couple of weeks later, I went to the surgeon and was asked for a new exam, which came out even more altered. Then it was made clear to me that there were probabilities of cancer, but there would be no clarity until the time of the operation and subsequent biopsy.

20 days later, the operation came; unfortunately, the doctor made a mistake and went on to take my liver, which left me with a drain for several days and a patch on the injured organ. Fortunately, that healed very quickly.

At my first medical check-up after the operation, the results of the biopsy were ready. The doctor told me that I had a 3-centimeter stone and my gallbladder was exactly the same size. The diagnosis was 'scleroatrophic lytic gallbladder'. At that moment he explained to me how that organ came to be in such a state and that cancer is usually found in a gallbladder in that condition. He told me that this disease is silent and that it speaks only when there is not much left to do. He emphasized that **I must have a very big guardian angel** or that I need to do something important here and that God made this problem visible to me, because if I had spent a little more time without symptoms, the story would be different.

In my case, **I am convinced that the daily Homa fires brought to light this condition, which was brewing for some time in the shadows, so that I could act in time**. Even though I cannot know if there were cancer cells before the operation, the important thing is that I healed.

HOMA HEALING STORIES

Carolina Faune continued:

The Homa Fires, independently of this complex episode, have helped me in my dark days. The Homa Fires calm my ruminating thoughts. The environment where I live is quieter with no loud music and less shouting from the neighbors. I enjoy all the birds that come daily to admire the fire. My cat wakes me up in the morning to do Agnihotra and looks for me when the sunset is to fall to light the pyramid.

If the fire achieves that, as far as I can see and hear, why doubt all the good it does for the planet? These are reasons enough to continue on this beautiful path that has been a divine gift that came into my life.

**Danko Anaxarco Arroyo Domínguez
Santiago, Chile, South America**

I am 45 years old. I am a volunteer here at the Bhargava Dham Point of Light, in Colorado, situated in the IV Region of Chile. **Bhargava Dham is a place where I have been able to connect with nature, connect with the earth, connect with the feminine energy, connect with my inner Self.**



This volunteering for me has also meant regaining my courage. Learning to manage a farm and deep down I also feel that these Homa fires are very important energies for personal development for the times to come and for the value of understanding how things are born. Also, the theme of serving opens the heart, helps to value the other person in front of you, to understand him/her, to relate with him/her. And deep down it provides a lot of balance. Bhargava Dham is a very energetic place. It is a community of Homa fires, it is very beautiful and it is growing. Here you can certainly have a connection with the elements of nature, with the fire itself, which I am very happy to take with me.

On the second day of starting the practice of the Homa Fires, and placing my wife in the heart of this flame, I was able to solve very important family issues, which now make things much better. This way, one also feels the love that life gives you back, those beautiful mysterious things that are reflected in the day to day.

This place is wonderful. One enters in connection with the mountains, with the river, and you understand many things in nature. **(Photo above: Danko in Bhargava Dham.)**

I want to leave my testimony for Bhargava Dham; my volunteering is almost over. The people here are wonderful and my heart remains here with the people and with this beautiful work, which are the Agnihotra fires and Homa Therapy. Thank you very much.



**Vedita Bhanthooa
Poudre d'Or, Mauritius**

Agnihotra acts as a cure as well as a prevention for various problems in today's world. We feel blessed to be part of this Agnihotra practice and with joy we share the numerous benefits we are experiencing. Our children, Ankita, 8 years and Akriti, 6 years of age, chant the mantras and light the holy fire on their own every evening.

They are more disciplined in their studies and daily living; they are more resilient to diseases and full of vitality and creativity. They like sitting at the fire and breathe in the smoke, calming their mind

and energizing their bodies. They donate the ashes to the plants, thus purifying nature.

(Photo: Mr. Anoup Bhanthooa, his mother, his wife Vedita and the girls Ankita & Akriti.)

HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



Experience with Cattle

By Carlos Lopez and Prakash Thadani, Chile

The ox, named "Goury".

Our Goury, an ox, got a tumor in an eye. But just by drinking the healing Agnihotra ash water for 14 days, the tumor disappeared completely.

Mr. Carlos Lopez, caretaker of the cattle, explains the treatment:

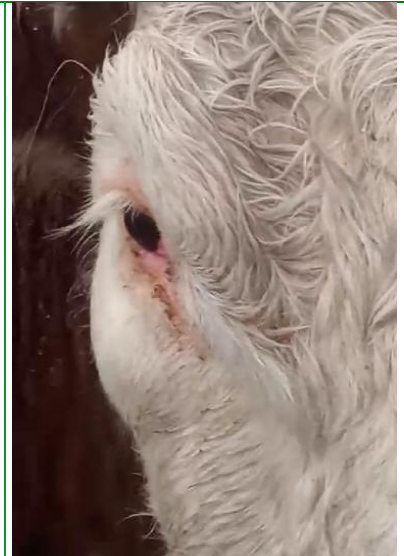
"I placed about 2 kilos of Agnihotra ash in a bucket and I filled it with more or less 20 liters of water. I let this water stand for one night in the open air, and the next morning with the cattle's breakfast, put one liter of this water with Agnihotra ash in the tank from where all the cattle drink. Previously I had washed this tank very well and just filled it half full with normal water. I did this for 2 weeks every day for their breakfast. All of them received this water with Agnihotra ash. **The tumor was falling away little by little with each day. And after 14 days, there was no more tumor.**"



Goury with the tumor in the eye at the beginning of the Agnihotra ash treatment.



The tumor is falling off little by little with each day of the Homa treatment.



After two weeks, Goury is completely healthy.

Our 2 oxen, Goury and Nadhi and our cow, Aldi, are extremely healthy, strong and beautiful. They beautify the farm and bring life into it.

Photos: Caretaker, Mr. Carlos, the cattle and water tank with Agnihotra ash.



ECO NEWS

From ORION TRANSMISSION PROPHECY, page 160

September 28, 1999

Our sensors provide us with names of top government officials involved in New World Order. That is planning of governmental controls to take place all over the world, thereby controlling and monitoring an entire population. **This state of control will be undermined before it can fully manifest.** Fear will be the main means of exerting control.

Nearly every major government has members at the top who are officially or unofficially members of a top secret organization whose methods include mind control via media such as television, radio, satellite communications and now, even home computers. We advise those who are aware of this threat to your own privacy and security to seek alternative fuel sources, become increasingly more self-sufficient at growing your own food, long-term food storage, solar heating, creating your own micro-climates wherever possible. Indeed, strengthen yourselves with proper diet.



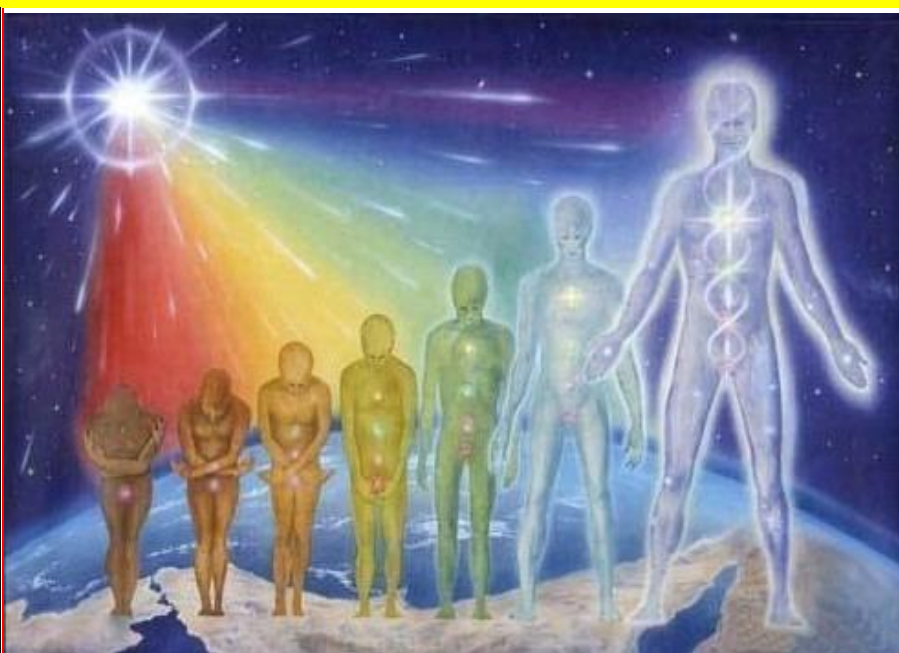
"SECRETOS DE LAS NACIONES UNIDAS"

By: Stop World Control

'The End Of Humanity As Planned By The Global Leaders'
World leaders, billionaires and organizations like the World Economic Forum publicly state that they want to bring humanity to an end, and enter a new era of neo-humanity, where most people will be replaced by humanoid robots. Everyone else will be forced to become a cyborg: a symbiosis between man and machine, hooked up to the cloud, from where AI will monitor all your thoughts, feelings and actions. It sounds insane, but it's the hard-core reality of today, as you can see in this film. Don't miss this, but be informed about what global leaders are planning for your future.

For more information on GLOBAL AWAKENING, please enter following link:
<https://stopworldcontrol.com/endhumanity/>

*Perhaps one day
humans will realize
that they themselves
are the most
advanced technology
that will ever exist
on this planet.*



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Much trouble in the world now. Time will come when the whole world suffers. Be strong. Do not allow weaknesses to be stronger.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA

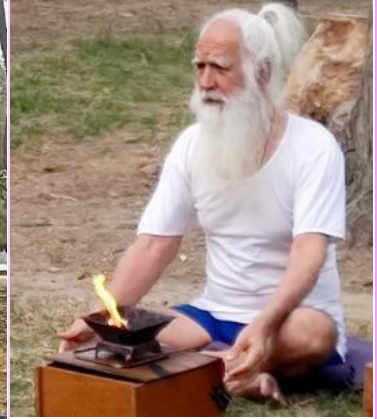


“One can learn to see the incidents in life just as the tide of the ocean. Waves rise and fall but the ocean accepts both rise and fall. High tide, low tide, all the same. If someone becomes angry you need not become angry. Until the moment you take on their anger, it is only their anger, not yours. You can even say, “This is your anger, not mine. I will not respond to it with anger from my side.” Think instead, “How may I serve?” and the whole thing changes. You are more than that lowly anger. Let us rise to the occasion and serve our fellow man.”

-Master Shree Vasant-

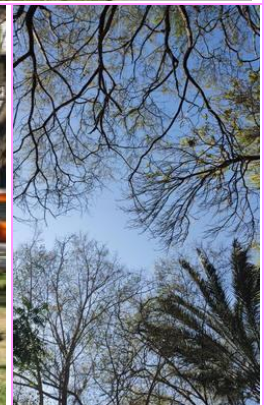


TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



Enjoying the therapeutic Yoga

classes and Pranayamas with Prof. Abel 4 days a week. The public is invited. These free Yoga classes begin with a Vyahruti Homa and create wellbeing in body and mind.



TIME for the WOMEN'S HEALING CIRCLES



“... We can see that the purpose of women becoming stronger within themselves is to assist them ultimately in realizing their higher natures, the Divine Mother within, that nurtures and heals, creates and comforts. This can only benefit the whole of society. This can lead to better relations between not only man and woman, but between nations and cultures, countries and peoples. Indeed, it shall serve as a beacon for the rest of society if women become strong. ...”

-Orion-



In Piura, we resumed the weekly ***"Women's Healing Circle"*** with various activities that help us to know ourselves better, such as sacred dances, meditation, drawing mandalas, reflecting on issues that are important in our lives such as Gratitude, Service, Forgiveness, etc. We utilize this time and space also for sharing experiences and internal changes achieved through the practice of Agnihotra. These meetings are based on ***'Light towards Divine Path'*** (a book written by Master Shree Vasant) and are also inspired by the column ***"Women in Communion"*** by Jimena Clark Cid, published in the Homa Health Newsletters.

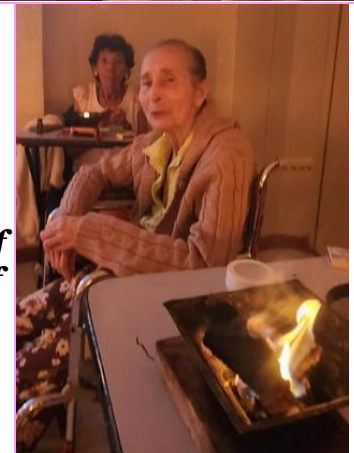


TIME for the WOMEN'S HEALING CIRCLES



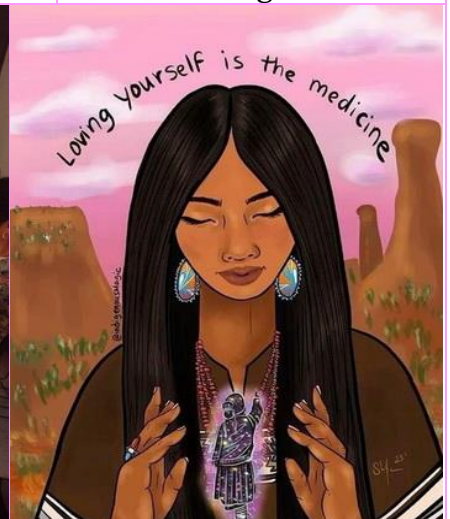
***“May wisdom shine through me.
May love glow within me. May strength penetrate me, that in me may rise a helper of humanity, a servant of sacred things, selfless and true.”***

Rudolf Steiner



In these solemn moments that the practice of Agnihotra gives us, we unite our hearts in light and love with the purpose of healing, helping and serving, including our Mother Earth....

They are moments where the Blessings and the Divine Presence are felt and the only thing left to do is to be grateful...



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Make all efforts to conquer any barriers which block you from achieving a highly disciplined life.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Discipline is the only answer now.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“You have been told repeatedly for a long time that much destruction is to come. Now we are witnessing that time. More and more you will see it, read about it, hear it. Why are you surprised?”

Houses where Agnihotra is performed will be places of refuge. Fire temples will be places of refuge. Now is the time it begins. You need not have fear.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Concentrate on what is going right in your life, not what you are missing, not what you need or what you wish you had. Focus should always be on SERVICE, not just when you awake every morning, though certainly that charts the course of every day. When you are in the supermarket, when you are in the dentist’s chair, when you are talking to friends, helping your child to do homework, always keep that focus, ‘How can I help? How can I serve?’ FOCUS SHOULD ALWAYS BE ON SERVICE.”

- Master Shree Vasant -



The Yoga sessions are beautiful, joyful and meditative moments in and with Mother Nature...



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA

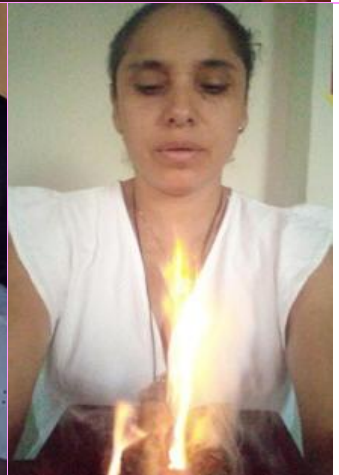


***“Do not act on impulse.
Never respond out of
emotion.
Only LOVE.”***

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - SULLANA, PERU, SOUTH AMERICA



***“How to teach
humility?
Only by Grace and
by facing our
actions and
accepting
responsibility for
those actions,
can one ever hope
to become
humble.”***

**-Master Shree
Vasant-**



TIMES OF THE HOMA FIRES - EsSALUD CLINIC, CARABAYLLO, LIMA NORTH, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PUCALLPA, PERU, SOUTH AMERICA



**“Refrain from drugs and alcohol. In the end, these are not required.
For clear vision go within.”**

- Master Shree Vasant -



TIMES OF THE HOMA FIRES - JAEN, PERU, SOUTH AMERICA

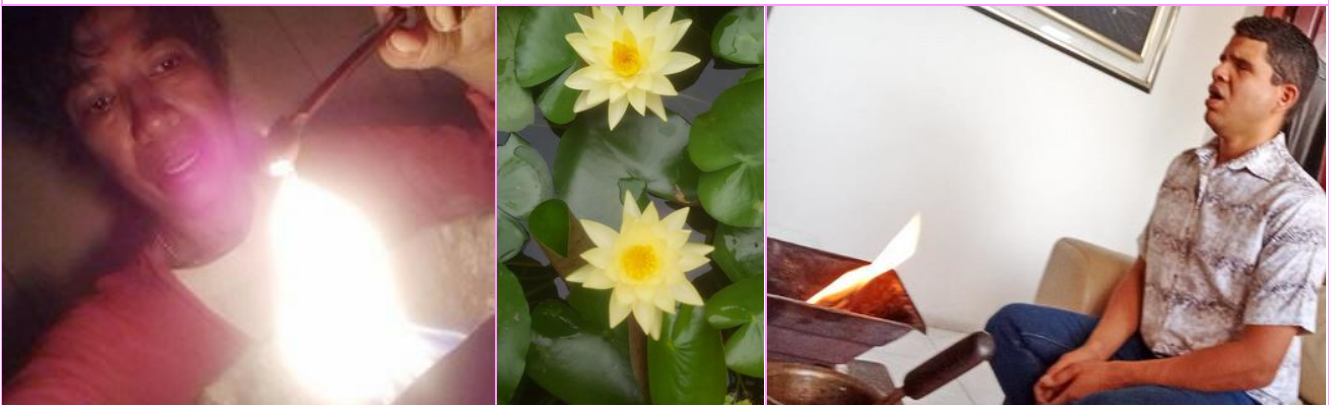


TIMES OF THE HOMA FIRES - GUAYAQUIL, ESMERALDA, ECUADOR, SOUTH AMERICA



***“To learn to develop a clear mind, one need not have great knowledge.
If one is focused, one is open to solutions and very clear answers.
Then, one thing is to put all focus into each activity and quiet the mind with
Mantra. If, while cooking, one is thinking, “Well, I will be going via bus to
Hamburg. Then I have to email my grandmother,” etc., surely the food will
burn or you will forget what you are doing.”***

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - GUAYAQUIL, ECUADOR



“Many times, the disciple goes to the Guru and says, “Master, I have this problem. What is the solution?” Well, the Master may or may not reveal a solution. Still, the person has to first have a full understanding of the problem. In many cases the disciple does not want to take the time to understand the problem. He is in too big of a hurry to solve the problem. If he looked at the problem, say, from several different angles or points of view, the solution would-in most cases-become quite clear to him. But instead, he seeks the Guru and says, “What is my solution?” Now, if the disciple is devoted, he will truly wish to apply at once this solution but if he has no understanding of the problem, this will have only a limited effect. Because ultimately, the lesson is to be learnt. The problem will arise over and over again until the person confronts the problem head on and truly begins to understand it. This is also not an intellectual exercise.”

-Master Shree Vasant-

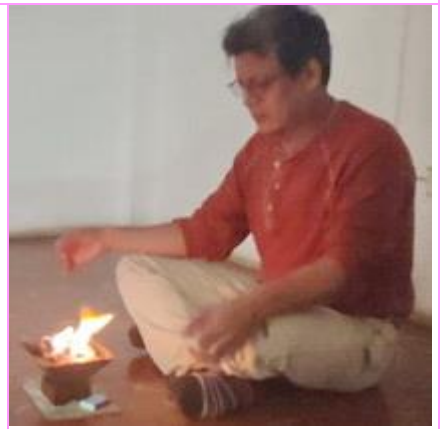


TIMES OF THE HOMA FIRES - STA. ELENA, CHAFLÚ, ESMERALDA & GUAYAQUIL, ECUADOR, SOUTH AMERICA



“The same amount of energy that you give to your fears, put that same energy into Mantra, into YAJNYA, into meditation, into service. As soon as fear strikes, begin to combat it.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - BOGOTA, HUILA, VILLAVICENCIO, ARMENIA & CHOCO, COLOMBIA, SOUTH AMERICA



***“Silence.
Keep silence one hour a day,
at any point in the day.
Each day find something to do
which makes you happy. Any
small thing. You will become
aware that this will make others
happy as well.”***

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - BOGOTA, VILLAVICENCIO, CALI, BARRANQUILLA, PEREIRA & ARMENIA, COLOMBIA, S. AMERICA



“You will come to know the reason why you become depressed or why you pull yourself down once you practise the disciplines steadily. Of course, it is normal in the course of life to have days of difficulty or depression. Everyone has that to one extent or another. But do not allow it to lower you. On those days, take more rest. That is what is best for you. Then practice of yoga, light yoga and rest will help.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - BOGOTA, CALI & VILLAVICENCIO, COLOMBIA, SOUTH AMERICA



***“Everyone is troubled now.
You talk to any person, anywhere – All are troubled.
So, we must not bow to our troubles.
Let us just do this work. Those who have been blessed
for this work have more responsibility and
simultaneously an easy opportunity to undo the load of
past Karma. Let us act unto that.”***

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - BOGOTA, PITALITO, CALI & BUCARAMANGA, COLOMBIA, SOUTH AMERICA

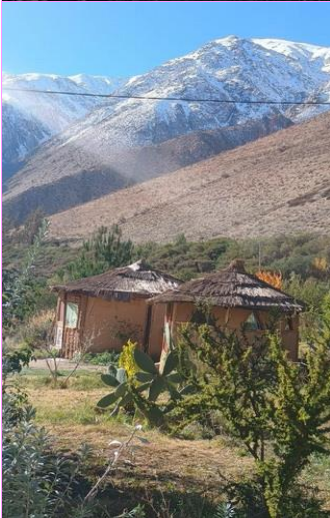


“Control language which you speak. If your awareness is sharpened through disciplines, your words will reflect an inner contentment. In any case, this will not come about without effort on your part. When someone uses profanity to express himself, this is a more effective "language barrier" than speaking a "foreign tongue". It is alienating to most people even if they themselves speak in the same manner. So remember this.”

-Master Shree Vasant-

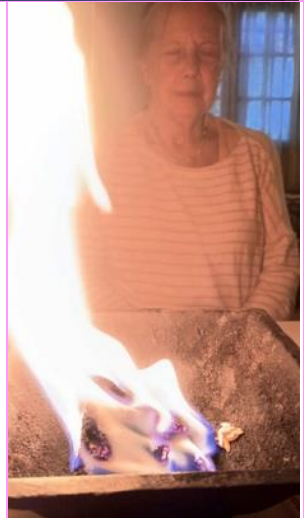


TIMES OF THE HOMA FIRES - BHARGAVA DHAM, ELQUI VALLEY, SANTIAGO, PISCO ELQUI & OTHERS, CHILE, SOUTH AMERICA



“Fortunate are those who walk in light. In the late hour, there are many who will join us. Some who have gone their own way will return. Others follow their own way. We do not call out for them to follow. We are here. They know US. They will follow whom they wish to follow. We do not require any followers. Divine requires no one, nothing. A stone can move. Message goes through the atmosphere. Many do not even know, from where it came.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - BHARGAVA DHAM, SANTIAGO & MACHALI, CHILE, SOUTH AMERICA



“When one has committed oneself to a path of service, the possibilities and situations are endless. There is so much need. There is never enough time in one day to serve as many who have need of this LOVE.

When one commits oneself to a life of service, no matter to what extent his or her outside obligations, still there is never a shortage of opportunities to practice selfless service.

If you do not “see” these opportunities, you need only to open your eyes. If you truly wish to serve, these opportunities are there awaiting you.

All the time, bow the head.”

-Master Shree Vasant-



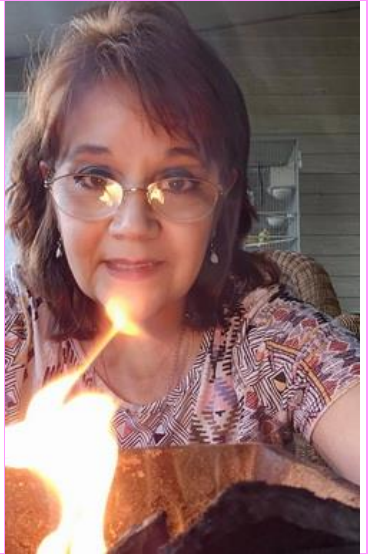
**TIMES OF THE HOMA FIRES - MEXICO, PANAMA & VENEZUELA,
SOUTH, CENTER & NORTH AMERICA**



“Our last hurdle is not to have any expectations of others IN ANY WAY. Then we are free. Then Divine Will, destiny and free will all work together. It is really only Grace, though. Nothing but Grace and Karma.”
-Master Shree Vasant-



TIMES OF THE HOMA FIRES - FLORIDA & ALBUQUERQUE, USA



**TIMES OF THE HOMA FIRES - BARCELONA, MALAGA,
CANARY ISLANDS, SPAIN, EUROPE**



***“If you are all the time thinking,
“How can I help? How can I serve?” then
the question of not being good enough
does not arise.
If you can look back and see in what ways
you have served, then you will have no
cause for blame, self-condemnation or
regret.”***

-Master Shree Vasant-



About the last photo on the right, Kiko wrote: On Saturday, when I did Agnihotra, my little friend Max stood in front of me. The face of happiness and connection he radiated was very beautiful. Even his mother called me the next day explaining that he had not stopped talking about everything he felt in front of the fire. OM SHREE

TIMES OF THE HOMA FIRES - GERMANY, POLAND & S. AFRICA



“Keep very tight rein on the mind so that the pulls become less. Otherwise the mind goes and the body follows and all is lost.

Keep the mind filled with only holy thoughts, Mantra, prayer, devotional singing. Do not be disturbed. This is a great time for healing and becoming strong in this healing love.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - INDIA



Importance of Yajnya:
“The principles of life must be restarted now on this earth. All life must be made aware that Yajnya is necessary to survive. We withdraw nutrients from the environment; they must somehow be replaced. Yajnya is the means.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - AGNIMANDIR, NASHIK, INDIA



Letter received from the Agnimandir Trust:

Dear Agnihotra devotees all over the planet,

This sacred place is Agnimandir, located at the foot of the mountain in Chandwad village in Nashik district, Maharashtra. This place was chosen for Agnimandir (Fire Temple) by Param Sadguru Shree Gajanan Maharaj, as this land is the land of Lord Bhagwan Parshuram, the Master/Guru of Gajananan Maharaj.



"Shree Gurudev Seva Mandal" is the trust formed to look after the Agnimandir and its development. The trust is fully committed to this divine work and to the propagation of Agnihotra by conducting various activities.

The trust is now planning to develop Agnimandir, for which financial support is needed.

We welcome and are happy to accept donations from pure souls for this divine purpose. Whoever wishes to help, can donate directly to the trust Thank you!



For more information and for any donation, contact
Dr. Kiran Arvind Patange, Treasurer, Shree Gurudev Seva Mandal, Nashik:
WhatsApp: +91 94216 08974

From Orion Transmissions
On Our Precious Resource – Our Children

Received via Parvati

And, by all means, become as still as you are able—to **listen attentively to the children.**

They are leaders of the future, being groomed for their roles in time. Their hearts remain open, despite the chaos their tender souls observe in the world outside. Help them to kindle and maintain that Light within, until it becomes so clear, so strong, that nothing can extinguish it.

Consider every moment with your own beloved children to be a blessing bestowed upon you by Almighty.

Be the mirror for your children, so that who you are at your highest vibration becomes reflected back to them, as they seek to find their own ways to rise.

Take care how you expend and extend your energies.
Guard your personal space, no matter how small it may seem.

Go within daily.
Meditate more deeply.
This is the time when TRUTH will be revealed.
Shadows become visible.
Walk in Light.

OM TAT SAT OM.



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

WE ARE CREATED IN THE IMAGE OF GOD



What at times may seem somewhat perplexing is one of the core concepts on the spiritual path—that we humans are created in the image of God.

Notwithstanding that all around us is the damage and destruction perpetrated by rather ungodly behaviour by humans—wars and environmental destruction being just two large examples—a look in the mirror may at times provoke images of ourselves we personally may wish were more ‘holy.’

How can this be? Do I need a new mirror and/or a new pair of eyeglasses? Perhaps. But more to the point is that self-perception does not exist in a vacuum. It is the sum total of our behavior—thoughts and deeds, and views of life—and should our behaviour be predominantly non-godly, viewing ourselves as created in His image may prove decidedly difficult to do.

One antidote, it might be said, is to assess our behavior, look honestly in the mirror, and improve upon it as we deem proper.

Fivefold Path provides the tools to manifest an ultimate endeavor to answer the question, WHO AM I, and am I really created in God’s image?

Fivefold Path may not be the only way. For example, many use the 12 Step program of Alcoholics Anonymous—and other 12 Step programs—to improve self-awareness as well as help reduce unhealthy—and often dangerous—habits that may be termed addictions or counterproductive. And several other self-help programs are available.

As Fivefold Path— Yajnya, Daan, Tapa, Karma and Swadhyaya—provides valuable mechanisms that directly target the many kinds of pollution—including thought pollution—that surround us, of the several self-help choices, it stands out. Its simplicity is wonderful.

Certainly Yajnya—purification of atmosphere through the agency of fire—is the core, the catalyst, for self-improvement and the vehicle that gets us closer to living in consonance with the image of God. The foundation of Yajnya of course is twice daily Agnihotra.

To not avail oneself and take advantage of Yajnya is as if you have tied one hand behind your back. This may be an interesting challenge, but the use of both hands in today’s world is not the luxury it might have been considered in earlier decades, but a necessity in today’s ravaged world on an often-teetering planet.

If we seek challenges, fear not. Even conscientious practice of Agnihotra and Fivefold Path will not absolve us of the plethora of life’s challenges. The challenges, however, may prove to be more manageable for one determined to lead with the five practices.

The point here is that the value of what some of us have been engaged in for nearly 50 years is such that not taking advantage of its blessings— nor applying intense effort—may be regretful.

The blessings are here and available and ready to be harvested.



WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero



BLESSINGS FROM DIVINE MOTHER

Today, following the deep connection I felt on my last trip to Ecovillage Bhurugu Aranya in Poland, where I participated in two women's circles, I would like to tell you about an activity that can be done in the circle: to open ourselves to receive the blessings of the Divine Mother, whichever figure we choose, and connect her with our own inner divinity.

The figure of Mother Mary has always been very present in my life, as well as Quan Yin, Tara, Kali, Laksmi, St. Teresa of Avila, and many other virgins and saints from Christian and other traditions. Undoubtedly, my approach to all of these has been from an intimate view of the meaning of the Sacred Feminine. When I invoke these images, especially Mother Mary, a gentle wave of warmth immediately flows into my heart, and sometimes I am able to connect with that presence within me. The sacred Vedic fires have given me a great impulse to be able to achieve these particular 'inner encounters.'

For this session, I suggest that all of you make a kind of altar or something meaningful in the center of the circle. Suggestions: white candles, representing the Divine Mother, white flowers around the candles, a selection of natural elements, such as crystals, shells, rose petals, incense, if applicable.

After performing either Agnihotra or Vyahruti Homa, soft background music can be played, which the person(s) in charge of the session have chosen beforehand. It is explained what activities will be performed in the session.

1. Brief meditation. Concentrate for a couple of minutes on the breath, and then try to connect with the Divine Mother and receive her blessings.

Before starting the meditation, the names of goddesses and saints of all traditions can be invoked. Each woman can pronounce one name out loud.

2. I would like this type of session to follow with singing one or two songs that everyone can follow. They can be Mantras, popular songs with meaningful lyrics, spiritual songs with lyrics of universal significance, etc.

3. One by one, the women share what worries have troubled them during the last 10 days. Then, each one says one thing for which she is grateful in the last 10 days. Next, a sheet of paper and pencils are handed out. Each one writes a purpose, an aspiration she has and then shares it out loud.

4. In the final moment, when blowing out the candles with love and eyes half closed, the intention to manifest what was written before is sent into the universe.

It ends singing **IDAM NAMA MA** in whatever tune spontaneously appears.

If there is still time, a tea with mint and lemon balm leaves is shared. While the tea is being shared, there is the possibility for the women to express briefly what they want. The times of each activity should be controlled by the women in charge of that session.

"A trustworthy circle has a spiritual center, a respect for boundaries and a powerful capacity to transform the women who constitute it."

"Women's circles can accelerate the change of humanity."

Jean Shinoda Bolen

¡Hasta la próxima!

MEDITATION with HEALING MANDALA



"HOME, SWEET HOME."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022

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Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

PURIFICATION



When I learned about the **Fivefold Path**, the word purification that was constantly used, caught my attention and I wanted to understand, more in depth, what it encompassed and meant. In Master Vasant's writings I found that in The Vedas purification is described in three aspects: **Nutrition, Peace and Contentment**. That was a revelation and it allowed me to better understand how the practice of the **Fivefold Path** benefits us.

With the Yajnyas we purify the atmosphere and that atmosphere, once recovered, heals us. That is, the purification of the atmosphere allows energies of different density, a product of the interaction of **PRANA** and the recovered atmosphere, to nourish us and grant us peace and contentment. Our mind receives certain subtle energies that calm it, encourage it and, in addition, allow it to have a good and positive disposition. Atmospheric pollution degrades this process and our mind, without receiving the integral daily sustenance that the cosmos provides us, is at risk of deepening its drift towards wrong attitudes and behaviors.

Agnihotra, the basic and main **YAJNYA** that must be performed at sunrise and sunset, is a synthesis of the Fivefold Path. Agnihotra is, by definition, an act of purification. It is also a **DAAN** because we are sharing with our environment, the atmosphere that we generate with Fire. It is a **TAPA**, since it is a discipline that we voluntarily and with a purpose force ourselves to practice day after day. It is also a good **KARMA** because it is an action by which we are contributing to the well-being of our fellow humans and, also, to the beings and elements that make up our biosphere. Finally, it is a

SWADHYAYA since it is an activity that leads to better understand ourselves and clears the way towards a permanent contact with our inner being.

So, by practicing Agnihotra regularly, we have a moment of brief, synthesized fulfillment of the Five Principles, which allows us to calm and direct our minds, communicate with ourselves and have a glimpse, for brief moments, of who we really are, and what we should do to be happy. This brief daily practice should help us to better follow, on every one of our actions, the Five Principles and act from our true being, and not from the automatism to which, in part, the pollution of the atmosphere and the consequent "malnutrition" of our mind, leads us to.

Please do not misunderstand. Doing Agnihotra alone does not mean that one practices the Fivefold Path. Those moments are only a few minutes, and we have the rest of the day to act accordingly, and to react appropriately to what we must experience. Those minutes of lucidity, nutrition and communion with Life and with our inner selves that sunrise and sunset give us, are an impulse to act in the best way, during every day.

On a visit of Master Vasant to Chile, I had the opportunity to tell him what I had found in one of his articles regarding the meaning of purification. He looked at me, smiled, and he answered me paraphrasing Shree Gajanan, saying: **"Peace, Prosperity and Bliss for all is what we have come on Earth for."**

Note: See the book *"Light towards Divine Path"* written by Master Vasant V. Paranipe

A Devotee Shares:

Experiences with Master Shree Vasant

By Tania Cristina Salobreña Garcia, Brasil



Although I have only had a few opportunities to meet personally with Shree Vasant, He has always been present in my life, even before our first encounter on the physical plane. When I first met Him in 1985 in Sao Paulo, Brazil, I had a strong, indescribable sensation. When I first heard His Voice, it was as if everything He spoke was already part of me.

The day Shree Vasant baptized my first son it was like a new beginning in my life. Listening to Hima during the fire purification ceremony, I began to understand the importance of Homa Therapy to improve the ecological condition of this planet. His teachings of the Fivefold Path gave me the direction I needed to guide my life. Shree Vasant's presence filled my soul.

In 1990 while Shree Vasant was touring Brazil to teach the Fivefold Path, He asked me to arrange a program in Belo Horizonte,

the capital of Minas Gerais State. I had no idea what to do or where to begin, but off I went to my mother's house in Belo Horizonte with my best attitude and faith. While cleaning the house for Shree Vasant's visit, a paper fell down from the ceiling at my feet! I crumbled it up in my hand to throw it into the trash, but in the last second, I decided to read it instead. It was an announcement from the Yoga and Healing Centre called Agni Yoga, with an address and a phone number. What an amazing coincidence! It was only a few blocks away from where my mother lived, yet I never heard of the place before. It was run by Doña Valdiria and Dr. Alvaro Angelo. I contacted them and they arranged two conferences for Shree Vasant. They also had contact with another center where Shree Vasant held a third conference.

Many people learned Agnihotra and Homa Therapy, and it was very clear to me that it was all thanks to Shree's Grace!



A Devotee Shares:

Experiences with Master Shree Vasant

By Karin Heschl, Austria (living in India)

After meeting Shree Vasant I had the following dream:

I saw Shree Vasant's face in meditation. In the background there was desert and strong wind. Suddenly He raised His eyebrows, looked at me and said, ***"this is the right time now. All circumstances are as We need them."***

Then He handed me some seeds and I knew intuitively I had to sow them.

Now, today, my work is teaching and training

farmers in Homa Farming all around India. For many years, I have travelled throughout several states in India teaching Agnihotra, Homa Farming and Ash Medicines.

I feel fortunate and committed to continuing this work under Shree Vasant's guidance and blessings.

It is my Vikarma to start Women's Medicine Circles throughout India, on behalf of the Fivefold Path Mission.

From the book: **Messengers of the Sacred Fire**

The extraordinary Life & Works of Shree Vasant Paranjpe by Parvati Rosen-Bizberg

REMEMBERING A BELOVED BROTHER - ABHAY PARANJPE

By Franklin C. Nelson



With heavy hearts and profound sadness, we announce the passing of **Abhay Paranjpe**.

He was a remarkable soul who dedicated his life to sharing the divine message of Agnihotra and Fivefold Path of spiritual disciplines and profoundly touched the lives of all who crossed his path. He departed this earthly realm on 18 July 2024 at the age of 74. He left behind a legacy of love and compassion.

Abhay Paranjpe was born to Shree Vasant and Kusum Paranjpe on 10 December 1950 at Dadar, Mumbai. He was the epitome of a devoted son. He completed his initial studies in Mumbai and later his higher studies in Belgaum.

He was a beacon of humility from the very beginning. He was a dutiful son who always honored and cherished his parents, embodying the virtues they instilled in him. As he grew, his life became a testament to the teachings of Fivefold Path and the divine message of which he so fervently believed.

Gurudev Shree Vasant later shifted to Belgaum, where Abhay completed his higher studies. Shree Vasant then met **Parama Sadguru Shree Gajanan Maharaj, the Kalki Avatar**. This is when the lives of Shree Vasant and Abhay were changed.



Abhay, Mahashree and Shree Vasant.

Parama Sadguru commanded Shree Vasant to carry His blissful Message to the people of the world and start his work from the USA. He departed India on June 20, 1972, for New York City, USA. When Shree Vasant began this Divine work of sharing the message of Agnihotra and the Fivefold Path, slowly Abhay also entered this Divine Path. He left his job and started serving the Mission. His life's work began in Akkalkot when he started serving Parama Sadguru Shree Gajanan Maharaj. He would assist Shree Vasant in his journeys across India.

Abhay was given the responsibility of Fivefold Path Mission on the command of Parama Sadguru Shree Gajanan Maharaj. He had the difficult task of serving as a bridge between two cultures. He stayed incredibly calm, no matter what the difficulty. He was always helpful and quietly patient with the curious devotees from many different countries. He facilitated people from the West coming to India to experience the Vedic Culture.

Abhay took the devotees of Parama Sadguru everywhere, translated, and answered all their questions, all the while caring for Shree Vasant's every need with unwavering devotion. He was always cheerful and focused on service, a very shining example of devotion.

When Parama Sadguru left the body, Abhay shifted to Dhule. This is where future work – Shivadham temple and Tapovan – would unfold. He was actively involved in erecting the Shivadham Temple at Ratnapimpri, district Jalgaon, Maharashtra. Shivdham temple was inaugurated on May 6, 1993, by Shree Vasant. Later, the Shivadham temple was handed over to the people of the village.

REMEMBERING A BELOVED BROTHER - ABHAY PARANJPE



Abhay Paranjpe with his wife Anjali.

After a few years, Tapovan was established. **Abhay participated in creating a platform where 24 hours of Om Tryambakam Yajnya were performed for 22 years, starting on 25 March 2001.**

Later, his work was mainly concentrated at **Maheshwar Agnihotra - Kendra**, which was established in 2000. Since 2007, under the command of Shree Vasant, many ancient Vedic Yajnyas were performed at Maheshwar under the supervision of Abhay.

His life was filled with constant travel, and he shared Agnihotra with countless people everywhere. His simple living and unwavering commitment to spreading the Divine Message earned him the admiration and respect of all who knew him.

Although, because of his work, he was not always available to his wife, Anjali, and children, he was always a pillar of support and strength for his family. He had great respect for Anjali, and together they built a home filled with understanding and spiritual enrichment. His love was not confined to words but manifested in his actions, patience, and unwavering commitment.

As a father, he guided his children with a gentle, yet firm, hand, instilling in them the virtues of kindness, humility and integrity. His children often spoke of his unending patience and ability to teach profound lessons through simple, everyday moments.

But perhaps the most remarkable aspect of Abhay's life was his boundless humanity. He had an extraordinary ability to connect with people from all walks of life, offering support, solace, and guidance whenever needed. His door was always open, his heart ever willing to help those in distress. His simple interactions made a lasting impact on everyone he encountered.

Above all, he was a great human being. His heart was a reservoir of kindness, always ready to extend a helping hand to anyone in need. He was always soft-spoken and believed in the inherent goodness of people, and dedicated his life to serving others, regardless of their background or circumstances. **His humility and generosity knew no bounds! ...**

Whether it was a comforting word or simply a reassuring presence, Shri Abhay had an innate ability to make everyone feel valued and loved. His life was an example of selflessness. He had the most profound impact that one person can have on the world!

Community members recall countless instances when Abhay went above and beyond to assist those in need. His acts of kindness were not driven by obligation, but by an innate compassion and a genuine desire to make the world a better place. He believed in the goodness of people and dedicated his life to fostering that goodness, one person at a time.

His last rites, Agni Sanskar, were performed at Maheshwar Agnihotra Kendra, as he wished.

The Asti Visarjan was performed in the holy Narmada River.

As we say goodbye to this extraordinary man, we find solace in knowing that his soul is now at peace. His legacy of love and kindness will be engraved in our hearts.

We are reminded of the profound impact one individual can have on the world. **His life was a testament to the power of love, faith, and selfless service.**

(Photo right: Abhay in the company of Franklin Nelson traveling in India.)



MESSAGE FROM MAHASHREE GAJANAN MAHARAJ

25th December 2013



***“That which you see is only a portion
of what IS.***

***That which you hear is only a small
part of what is being told.***

***We are everywhere you look.
Even when you do not see
We are present.***

***We are there.
We are here.***

We are always with you.

***Let the Light of Truth shine forth,
Clear, with no shadow.
With only pure Light.***

***See through the veils of ignorance.
See through the barriers of
contradiction and confusion.***

***See past the words
Spoken in jest or in haste.***

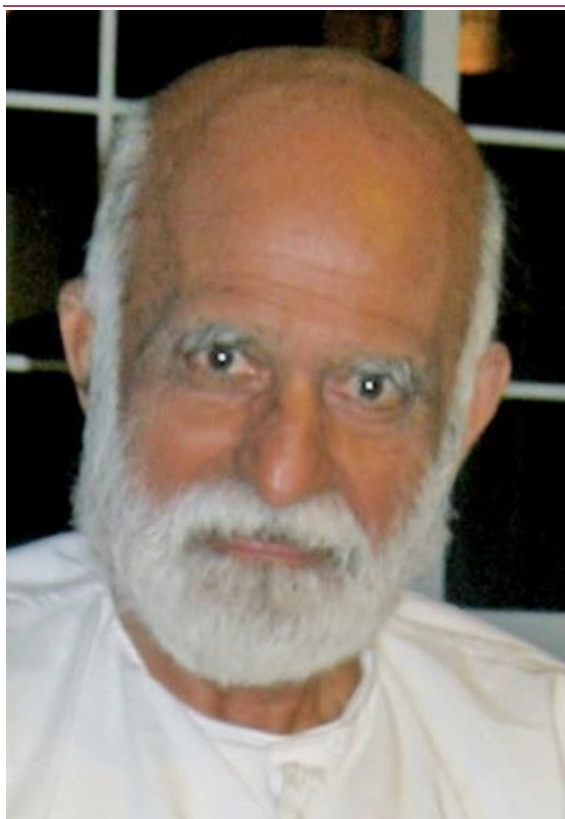
***See beyond the limitations of your
mind.***

***That which IS
That which We have shown you—
See that.***

***Look to Us.
We are your shelter.
Be comforted in this.***

***All love.
All blessings be with you.***

OM TAT SAT.”



The question was posed to Shree Vasant: “How can we overcome the blockages we have collectively with abundance?”

Shree replied:

“That is a good question.

Ofttimes you find there is like a battle between prosperity and spirituality. So, the spiritual man should not be prosperous. Spiritual man or woman should not profit. That is the assumption. When that is not actually the case. One can be a great professional even a multi-business owner, big business and be as equally spiritual as the monk who’s living without anything and just dependent on the generosity on those who support him.

What does that rich businessman do with his money? If he only lines his pockets, amasses a fleet of expensive cars and multiple residences, and never gives any of his profits in a selfless act of Daan, then that man is not fulfilling his

spiritual responsibility. If, however, this big businessman regularly supports a charitable endeavor, one which is worthy of that support, whether known or unknown to the public—preferably unknown (that means Daan)—then he may be more spiritual than the monk living in the Himalayas. Maybe.

So, the idea that to be spiritual one cannot be material is incorrect. The goal of one’s life has to be to fulfill one’s Vikarma, to fulfill one’s higher purpose in life. Then it doesn’t matter if you travel by bus or limousine or private jet.

Some of the problem may have to do with some of the people’s low sense of self-worth. You know, that “I am not worthy”.

However, if your goal in life is to serve Almighty Father, then where is the question of this self-worth? “I have been blessed by the great Sadguru, Shree Gajanan Maharaj. I have received His blessings in this life”—by the way, whether or not one has met Him in the physical body. Then that alone should make me realize that I am worthy. He chose me. Divine doesn’t make mistakes. Divine doesn’t hire the wrong person for the wrong job. So, that means, begin from that premise. It should not be the last thing, it should be the first thing, do you understand?

That spiritual aspect should come first. Then one other thing is gratitude for every small thing given. We used to say someone gives me a glass a water We say, oh thank you so much. We have suggested people write a gratitude list each day, minimum 10 what you are grateful for, and read that list to another person. It changes everything. Every moment of every day is gratitude. What a wonderful life. What a wonderful opportunity. Gratitude invites abundance. **Gratitude invites prosperity!**

Expectation is not going to open the door to abundance. It’s only going to open the door to frustration, disappointment and impatience.

The other thing is, practice Daan.

People are impressed with humility and by example and by these teaching. They highly respect the Fire and these teachings. It is why they have come. Good to have a Fivefold Path study group, but in lieu of that, you can at least have it at Satsang.

All Love and Blessings to all of you and all gratitude also.”

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



September 28, 1999

Our sensors provide us with names of top government officials involved in New World Order. That is planning of governmental controls to take place all over the world, thereby controlling and monitoring an entire population. This state of control will be undermined before it can fully manifest. Fear will be the main means of exerting control.

Nearly every major government has members at the top who are officially or unofficially members of a top secret organization whose methods include mind control via media such as television, radio, satellite communications and now, even home computers. We advise those who are aware of this threat to your own privacy and security to seek alternative fuel sources, become increasingly more self-sufficient at growing your own food, long-term food storage, solar heating, creating your own micro-climates wherever possible. Indeed, strengthen yourselves with proper diet.

Vegetarian diet is optimum. Later, as cattle become infected with diseases, more and more people will turn to vegetarian diet. From a vibrational standpoint, the strict vegetarian vibrates to a higher frequency and this is more adaptable to changes in terms of energy vibrations. One can observe the difference in the energy via nervous system, say in one on strict vegetarian diet and one on meat/animal protein diet. As human beings evolve, they will require less and less food of any kind. In the New World to come, sustenance will be of another vibration altogether.

November 16, 2016 Orion on Times of Change

Yes, yes. We are embarking upon a new, highly chiseled, deliberate era during which the 'chips will fall where they may,' to borrow a colloquial expression of your times. Indeed, there are a great many more unknowns. Whereas previous leaders of governing bodies were more predictable, for better or worse, the new politics across the world seems to embody the element of surprise, of inconsistency and of unpredictability.

It is time for human beings to take control of their lives, pull back from dependence upon a system which is now being pushed and pulled, stretched beyond its limits and unsecured, rather than secured.

Those of you depending upon the system to assist you in your journeys, whether it be in the financial sense or the healthcare system, whether it is reliance upon the legal system or reliance upon the justice and equality for all myth—find alternatives!

There are a few areas which are going to receive great benefits, but that remains to be seen. However, some good will come out of these highly restrained government officials.

We predict a likely overthrow of the government in P. This seems imminent, unless the course changes. Again, with the unpredictability of the extremist governments, it is difficult to predict. Only trends can be seen.

These are very difficult times for many people on your planet. It is again a portal for the release of souls ready to be released.

For more information, please see:
www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

For more news about Homa Therapy you can see the magazine 'Satsang'.